FREE GUIDE FROM THEWAY HELP

Questions to ask before you decide

A big decision is easier with good information. These are questions worth answering first, at your own pace.

About your pregnancy

- How far along am I? An ultrasound is the most accurate way to know.
- Is the pregnancy in the uterus? An ultrasound can rule out an ectopic pregnancy, which can be life-threatening and which the abortion pill does not treat.
- What has developed at this stage? See thewayhelp.com/pregnancy/learn/fetal-development.

If you're considering an abortion

- Which method would be used at my stage, and what actually happens?
- What are the risks, and what warning signs mean I need care right away?
- Plain, sourced answers are at thewayhelp.com/pregnancy/learn.

About support

- What help is there for money, housing, school or work?
- Who in my life would support me, whatever I choose?
- What would adoption look like, and could I help choose the family?

For yourself

- Is anyone pressuring me? The decision should be yours.
- If money and timing weren't the worry, what would I want?
- Who can I talk this through with, calmly, before I decide?

When you call a pregnancy center

- Is everything free?
- Do you have licensed medical staff, and do you offer ultrasounds?
- How do you keep my information private?

Sources

ACOG, Induced abortion (patient FAQ): acog.org/womens-health/faqs/induced-abortion
FDA, Mifeprex prescribing information (2023)
MedlinePlus, Fetal development: medlineplus.gov/ency/article/002398.htm

If this is an emergency, call 911. If you feel you can't cope, call or text 988, any time, free. TheWay Help does not provide or refer for abortions and is not a medical provider. This is general information, not medical advice. thewayhelp.com